



2018 Schedule of Events

April 27 – May 5

Friday, April 27: **Kickoff reception and dinner**

4:45-6:00 p.m.: Orientation meeting for fellows.

6:00-6:30 p.m.: Cocktail reception

6:30-8:30 p.m.: Dinner and program

*Introduction of the fellowship: **Audrey Shelto**, President, Blue Cross Blue Shield of Massachusetts Foundation*

*Introduction of the fellows and keynote speaker: **Larry Tye**, Fellowship Director*

2018 Fellows: Yasmin Amer of Boston's WBUR Radio, Adam Cancryn of *Politico*, Liora Engel-Smith of the *Keene (NH) Sentinel*, Greg Kesich of the *Portland (ME) Press Herald*, Amina Khan of the *Los Angeles Times*, Aneri Pattani of New York's WNYC Radio, Laura Rice of the *Texas Standard/KUT* Radio in Austin, TX, Casey Ross of *STAT/Boston Globe*, Bram Sable-Smith of KBIA Radio in Columbia, MO, Marisa Taylor of *Kaiser Health News*, William Wan of the *Washington Post*, and Anna Wolfe of the *Clarion-Ledger* in Jackson, MS.

Keynote: Jeffrey Fager is the longtime Executive Producer of *60 Minutes*, former and first chairman of CBS News, and author of the recently-released *Fifty Years of 60 Minutes: The Inside Story of Television's Most Influential News Broadcast*. He launched his journalism career 40 years ago as a production assistant at Boston's WBZ-TV.

Saturday, April 28: **It's epidemic**

9:15-10:30 a.m. ***Hijacking the regulators***

We unravel an inspired journalistic collaboration with help from the collaborators – **Lenny Bernstein**, a health reporter at *The Washington Post*, **Ira Rosen**, a producer at *60 Minutes*, and **Laura Starecheski**, a reporter and producer at public radio's *Reveal*.

10:45 a.m.-Noon ***Saving lives***

Dr. **Tom Frieden**, the former director of the Centers for Disease Control and commissioner of the New York City Department of Health, is president of Resolve, a new \$225 million global health initiative.

12:15-2:00 p.m. ***Battling addictions***

Michael Botticelli, the drug czar under President Obama, runs the new Grayken Center for Addiction Medicine at Boston Medical Center. Dr. **Wilson Compton** is deputy director for the National Institute on Drug Abuse and an expert on the science of addiction. **Colie Finn**, who is in recovery, was featured in the HBO film "Heroin: Cape Cod."

2:00-5:30 p.m. ***Take a nap, a walk, or whatever suits you***

5:30 p.m.-whenever ***Getting to know you***

Dinner at Papa Razzi Trattoria in Wellesley followed by shooting pool, watching the Sox battle the Rays, and catching our breath at the Babson bar.

Sunday, April 29: **Worrying about forgetting and remembering to stay safe**

8:30 a.m. *We break up and head out*

9:30-11:30 a.m. *Care for the long-term*

We look at creative long-term and end-of-life care with these hosts: **Lance Chapman and Ginny Mazur** at Goddard House in Brookline, **Laura Connors** at Beacon Hill Village in Boston, **Tom Grape** at The Branches in Attleboro, Drs. **Vicki Jackson and Janet Murphy** at Massachusetts General Hospital's Palliative Care Unit, **Cheryl Poppe** at the Soldiers' Home in Chelsea, and **May Shields** at Hearth at Olmsted Green in Dorchester.

12:30-2:15 p.m. *Alzheimer's and other aging challenges*

Over lunch, we discuss memory-loss disorders and related worries of aging with **Alice Bonner**, secretary of Elder Affairs in Massachusetts; **Len Fishman**, director of the Gerontology Institute at UMass-Boston; and Dr. **Dorene Rentz**, co-director of the Center for Alzheimer Research and Treatment at Brigham and Women's Hospital.

2:15-5:15 p.m. *Rest up*

5:15-6:00 p.m. *Debrief*

We talk amongst ourselves about what we've seen and heard, and start thinking about how to translate that into stories.

6:00 p.m.-whenever *Med errors and mea culpas*

At dinner, we focus on medical errors and patient safety. Dr. **Amy Boutwell** is president of Collaborative Healthcare Strategies. **Linda Kenney** runs Medically Induced Trauma Support Services. Dr. **Rick van Pelt** is on the clinical transformation team at the Chartis Group.

Monday, April 30: **Gains and gaps in mental health**

8:30-10:00 a.m. *The big picture*

Dr. **Joshua Gordon**, an expert on the genetics of mental illness, is director of the National Institute of Mental Illness.

10:15-11:45 a.m. *Autism: A spectrum of disorders, remedies, and people*

Dr. **Christopher McDougle** directs the Lurie Center for Autism at Mass General Hospital. Artist **John Williams** has been treated at Lurie and written about what it's like living with autism. **Deborah Donovan** is principal at Boston Higashi School, which serves children and young adults with autism. **Carmine DeCicco** was a Higashi student and now works at the school.

Noon-1:30 p.m. *A shocking solution*

Kitty Dukakis co-wrote a book on her treatment with electroconvulsive therapy. **Michael Dukakis** is the former governor of Massachusetts and an ongoing mental health advocate. Dr. **Charles Welch** of McLean Hospital has been overseeing Kitty's treatment from the start. **Elissa Ely** is a psychiatrist and journalist. We hear their stories over lunch.

1:30-4:30 p.m. *Nap time*

6:00-8:00 p.m. *Eating and digesting*

To set a context for what we'll see on Boston's streets, we head to Boston Health Care for the Homeless Program (BHCHP) for a dinner discussion with its president, Dr. **Jim O'Connell**. Also joining are Boston's Public Health Director **Monica Valdes Lupi** and the city's Advisor on Chronic Homelessness **Laila Bernstein**, Pine Street Inn President **Lyndia Downie**, Boston Police Commissioner **William Evans**, BHCHP Medical Director Dr. **Jessie Gaeta**, McInnis House Medical Director Dr. **Dave Munson**, and Street Team doc Dr. **Kevin Sullivan**.

8:30 p.m.-midnight *Street stories*

We ride with the **Pine Street vans**, or divide into groups to tour the McInnis House respite center, the Night Center drop-in facility, the home of someone who'd been homeless, and other settings with these guides: **Laila Bernstein**, **Dave Munson**, **Jim O'Connell**, and **Kevin Sullivan**.

Tuesday, May 1: **Whither health reform**

8:15-9:15 a.m. *Debriefing ourselves*

Each group reports in on last night, as we slowly wake up.

9:30-11:15 a.m. *Routes to change*

We explore global payments, rising drug prices, and other cost and coverage challenges with Blue Cross Blue Shield of Massachusetts President **Andrew Dreyfus** and Harvard Global Health Institute Director **Ashish Jha**.

11:30 a.m.-1:30 p.m. *Making sense of the policies and politics*

Our lunch speakers are **Robert Blendon**, head of Harvard's Opinion Research Program, and **Julie Rovner**, Chief Washington Correspondent at *Kaiser Health News*.

2:30-4:30 p.m. *Catch up on sleep – or exercise*

4:30-6:15 p.m. *Meditations*

We get a hands-on look at complementary medicine with **Chris Householder** and **Stacy Tomlinson** from Perfect Postures, **Stew Wild**, **Ellen Halpern**, **Lori Herman**, and **Cindy Gillan** of Myopain Solutions, Dr. **Darshan Mehta** of Mass General's Benson-Henry Institute for Mind Body Medicine, **Mary Tricoli** and **Karen Ingwersen** from the Integrative Therapies Program at Mass General's Cancer Center, **Judith Frazier** from Spaulding Rehab, and **Midgie Franz** from Better Life Acupuncture.

6:30 p.m.- 'til... *Meditating on how to measure what heals us*

Over dinner with our therapists we hear from Dr. **David Shurtleff**, an addiction specialist who is acting director of the NIH's National Center for Complementary and Integrative Health.

Wednesday, May 2: **Inspiration**

8:30-10:00 a.m. ***Why good journalism matters – now more than ever***

During his 40 years at NPR, **Robert Siegel** was the network's first overseas staffer, its director of news and information, and, for the 30 years until his retirement in January, host of *All Things Considered*, America's most listened-to afternoon news radio program.

10:15 a.m. ***Off to Boston***

11:00 a.m.-4:30 p.m. ***1918, 2004, 2007, 2013, and 2018!***

We tour Fenway Park, then watch the Sox crush the Kansas City Royals, with guests including MIT-Knight Fellowship Director **Deborah Blum, Kitty** and **Mike Dukakis**, WBUR news director **Sam Fleming**, Nieman Fellowship Curator **Ann Marie Lipinski**, Dr. **Ann McKee**, *Boston Globe* editorial writer **David Scharfenberg**, and **Robert Siegel**.

4:45-6:00 p.m. ***Ouch***

We talk about the latest approaches to treating and preventing concussions with Dr. **Ann McKee**, director of the Chronic Traumatic Encephalopathy Center at Boston University; Red Sox, Bruins, and Patriots doctor **Peter Asnis**; Dr. **Michael O'Brien**, director of the Sports Concussion Clinic at Children's Hospital in Boston; Dr. **Bert Zarins**, former team doc for the Patriots and Bruins; **Chris Howard**, who pitched for the White Sox, Red Sox and Rangers; and **Gordon Edes**, a longtime baseball reporter and current Sox historian.

7 p.m.-whenever ***Sorting things out***

We head back to Babson for a late dinner and a session with just us, to sort out all that's happened so far (and to relish the Sox win).

Thursday, May 3: **Stories worth telling inside medicine and out**

8:30 a.m. ***Back to the city***

9:30-11:30 a.m. ***Divide and conquer cutting-edge health challenges***

Charlie Blathras is operations chief at Boston MedFlight. Dr. **John Halamka** is chief information officer at Beth Israel Deaconess Medical Center. **Jim Hooley** is chief of Boston Emergency Medical Services. Dr. **Myechia Minter-Jordan** runs the Dimock Center, **Roosevelt Aaron** is a recovery specialist, and **Subu Subramanian** is an expert on the social determinants of health at the Harvard School of Public Health. Dr. **Amy Street** of the National Center for PTSD and Boston VA Chief of Psychiatry **John Bradley** join **Don Sullivan** and **Greg Reynolds**, veterans who use VA services.

12:45-2:15 p.m. ***Treating the president***

Helping us understand the Goldwater Rule and other ethical and practical issues involved in covering our political leaders' health – of body and mind – are Dr. **Bruce Cohen**, president emeritus at McLean Hospital, Dr. **Tim Johnson**, former ABC News Chief Medical Correspondent, and **Brian McGrory**, formerly the White House reporter and now the editor of *The Boston Globe*.

2:15-6:30 p.m. ***Breath deeply***

An afternoon off – you earned it. Take a long walk. Check in on the kids, or parents. Go shopping. Unwind at Walden Pond.

6:30 p.m.- 'til... ***Telling stories***

Over dinner, we consider longer forms of storytelling with **Jill Kneerim** and **Lucy Cleland** of the Kneerim & Williams Literary Agency; **Eileen McNamara**, a former Pulitzer-Prize winning columnist at *The Boston Globe* and author of the new biography, *Eunice: The Kennedy Who Changed the World*; and **Christa Scharfenberg**, acting CEO at the Center for Investigative Reporting and co-founder of its *Reveal* investigative show.

Friday, May 4: **It's academic (and technologic)**

8:30 a.m. ***Our last Boston-bound commute***

9:45 a.m.-Noon ***Unraveling genes and journals***

Dr. **Jeffrey Drazen**, editor-in-chief of the *New England Journal of Medicine*, guides us through medical journal-ism. Mass General's Drs. **Peter Dunn** and **Whit Growdon** tell us what robots can (and can't) do for our health. CEO **Jeff Jonas** shows us how Sage Therapeutics is developing drugs to treat depression and other conditions. Chief **Nick Leschly** explains Bluebird Bio's role in the gene therapy revolution. Dr. **George Church** of Harvard Medical School walks us through the science and ethics of interpreting genetic data. Drs. **Evan Rosen** and **Christina Astley** and **Rebecca Fine** discuss genetic treatments for obesity and diabetes.

12:30-2:00 p.m. ***High-tech medicine and the medical academy***

Over lunch next to his Children's Hospital laboratory, Harvard Medical School Dean **George Daley** talks about his stem cell research and challenges facing American medical schools. And Harvard School of Public Health Dean **Michelle Williams** talks about global and local threats to the public's health.

3:30-5:35 p.m. ***Take a break.***

5:45-9:30 p.m. ***What's next?***

We head to dinner at Tartufo with **surprise guest(s)**.

Saturday, May 5: **Wrapping up**

9:00-11:30 a.m. ***Our story lists***

We break into three groups, with each journalist presenting her or his list of stories while the rest of us suggest sources, storytelling strategies, and other ways to make those ideas resonate with readers, listeners, and editors. Group leaders are **Karen Brown, Tom Gagen, and Larry Tye.**

Brown, who covers health issues at New England Public Radio, also reports for *The Boston Globe* and NPR.

Gagen, who spent 20 years writing editorials for *The Boston Globe*, is writing a biography of Boston's longest-serving mayor, Tom Menino.

Noon-1:00 p.m. ***Goodbyes***

Lunch with our group, then you can head home or anywhere.