



Learning Track: The Inner Side of Leadership

“Leadership Presence” is a way of being and a practice that we cultivate in every aspect of our lives. This state of being is an absolute key, though often overlooked, quality for effective leadership. The inner reflective work that we do as human beings is, consciously or unconsciously, communicated outwardly in the form of an authentic leadership presence. In this track you will experience a combination of intensive personal and group activities with time for reflection and learning that are meant to cultivate your ability to trust yourself to speak and lead with clarity, authenticity and confidence. These lessons will be viscerally grounded in experience rather than learned only through traditional classroom teaching. Leading from the inside out, you will set out to uncover a broad range of possibilities for your own leadership in order to maximize your strengths as a leader, while also developing complementary roles for others. You will survey traditional and evolving paradigms of leadership as you seek to re-imagine the role of leader for yourself and your community. You will be invited to create your own theory of leadership in a way that responds directly to health care challenges and the work of serving low income and uninsured communities. We will use a variety of methods to explore the inner side of leadership, including:

- Workshop presentations and discussions,
- Experiential and interactive exercises,
- Readings,
- Journaling,
- Peer coaching,
- Self-reflection and planning for personal growth and development.

By coming together to explore and examine the inner side of leadership you will build a community that supports your own development while strengthening your capacity to engage your organizations and communities.

➤ Learning Objectives

Through the year, you will learn to:

- Demonstrate leadership presence by slowing down, connecting with your own deepest sense of purpose and creating deeper access to your own thinking, physical presence, emotions, values and aspirations. Notice the impact of your cultural identity on your leadership practice.

- Engage in self-reflection that yields deeper self-knowledge and strategies for “getting out of the box” and “getting out of your own way.”
- Integrate concepts and practices learned in workshop settings through hands-on leadership activities.

Particularly during the Outward Bound Professional programs, you will have opportunities to integrate leadership concepts and practices through a variety of challenging and engaging experiences to:

- raise to a level of awareness your strengths and areas for development as a leader and a follower
- become aware of your and others’ contributions and hindrances to the processes of finding collaborative solutions
- give and receive feedback to gain understanding of your roles and those of your colleagues.

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