2019 Schedule of Events

April 26 – May 4
Friday, April 26: **Kickoff reception and dinner**

4:45-6:00 p.m.: Orientation meeting for fellows. *Charles*

6:00-6:30 p.m.: Cocktail reception *Fireside Living Room*

6:30-8:30 p.m.: Dinner and program *Mystic*

*Introduction of the fellowship:* **Audrey Shelto**, President, Blue Cross Blue Shield of Massachusetts Foundation

*Introduction of the fellows and keynote speaker:* **Larry Tye**, Fellowship Director


**Keynote:** **Matt Murray** is the editor-in-chief of *The Wall Street Journal*, where he has worked as a reporter or editor since 1994. He is the author of *The Father and the Son*, an exploration of why his widowed father abandoned his middle-class existence to become a monk in a rural monastery.
Saturday, April 27:

**Pointing the way**

9:15-10:30 a.m.  
*Wither the science of medicine*

Charles

We unravel where national health policy is heading, and should be, with Nobel Laureate **Harold Varmus**, who has run the National Institutes of Health, the National Cancer Institute, and Sloan Kettering Cancer Center.

10:45 a.m.-Noon  
*Wither health journalism*

Charles

Editor-in-chief **Matt Murray** talks about how health coverage fits into the missions of the *The Wall Street Journal* and journalism generally.

12:15-2:00 p.m.  
*Wither public health*

*Overlook - Lunch*

Surgeon General **Jerome Adams** – an anesthesiologist, vice admiral, and former health commissioner in Indiana – discusses the partnerships he is forming with the business, faith, national security, and other communities.

2:00-5:30 p.m.  
**Take a nap, a walk, or whatever suits you**

5:30-6:30 p.m.  
*Getting to know you – Reception*

*Dogwood Courtyard*

6:30 p.m.-whenever  
*Getting to know you – Dinner*

*Overlook*

A clambake at Babson followed by shooting pool, watching the Sox battle the Rays, and catching our breath at the conference center bar.
Sunday, April 28:  **Worrying about forgetting and remembering to stay safe**

8:30 a.m.  **We break up and head out**

Meet in lobby for transportation to breakout sites (see breakout info sheets for specific departure times).

9:30-11:30 a.m.  **Care for the long-term**

We look at creative long-term and end-of-life care with these hosts: Tony Amico at White Oak Cottages in Westwood. Joe Carella at the Scandinavian Living Center in Newton. Drs. Matt Russell and Sharon Levine at the Brockton VA Palliative Care Program. May Shields at Hearth at Olmsted Green in Dorchester.

12:30-2:15 p.m.  **Alzheimer’s and other aging challenges**

*Overlook - Lunch*

Over lunch, we discuss memory-loss disorders and related worries of aging with Alice Bonner, former secretary of Elder Affairs in Massachusetts; Len Fishman, director of the Gerontology Institute at UMass Boston; and Dr. Dorene Rentz, co-director of the Center for Alzheimer Research and Treatment at Brigham and Women’s Hospital.

2:15-5:15 p.m.  **Rest up**

5:15-6:00 p.m.  **Debrief**

*Charles*

We talk among ourselves about what we’ve seen and heard, and start thinking about how to translate that into stories.

6:00 p.m.-whenever  **Med errors and mea culpas**

*Overlook - Dinner*

At dinner, we focus on medical errors and patient safety. Dr. Amy Boutwell is president of Collaborative Healthcare Strategies. Linda Kenney runs Medically Induced Trauma Support Services. Dr. Rick van Pelt is vice president of clinical practice transformation at the University of Alabama-Birmingham Health System.
Monday, April 29:  **Gains and gaps in mental health**

8:30-10:00 a.m.  **The big picture**  
*Overlook - Breakfast*  
Andrea Beckel-Mitchener, an expert on the BRAIN initiative, is acting director of Disparities Research at the National Institute of Mental Illness.

10:15-11:45 a.m.  **Autism: A spectrum of disorders, remedies, and people**  
*Charles*  
Dr. Christopher McDougle directs the Lurie Center for Autism at Mass General Hospital. Artist John Williams has been treated at Lurie and written about what it's like living with autism. Deborah Donovan is principal at Boston Higashi School, which serves children and young adults with autism. Carmine DeCicco was a Higashi student and now works at the school.

Noon-1:30 p.m.  **Suicide: An epidemic and an enigma**  
*Overlook - Lunch*  
Dr. Jerry Rosenbaum, the psychiatrist-in-chief at MGH, recently served as president of the American Foundation for Suicide Prevention. Matthew Nock, a psychologist at Harvard and MacArthur fellow, is researching ways to predict and prevent suicide prediction. Jordan Smoller, head of psychiatric genetics at MGH, is studying the role genes play in suicide. Lydia Rosenbaum, a musician and teacher, got ECT to help her handle her suicidal thoughts. Lynn Jolicoeur, a WBUR reporter and producer, did an 15-part series on suicide and keeps reporting on the issue.

1:30-4:45 p.m.  **Nap time**

4:45 p.m.  **Meet in lobby for van to Boston Health Care for the Homeless Program.**

6:00-8:00 p.m.  **Homelessness: Who, why, and what to do**

To set a context for what we’ll see on Boston’s streets, we head to Boston Health Care for the Homeless Program for a dinner discussion hosted by its president, Dr. Jim O’Connell. Also joining are MA Commissioner of Public Health Dr. Monica Bharel, Pine Street Inn President Lyndia Downie, Boston Shelter Commission Director Jim Greene, Boston Police Commissioner William Gross, Boston Emergency Medical Services Chief Jim Hooley, McInnis House nurse practitioner Suzanne Armstrong, and Street Team doc Kevin Sullivan.

8:30 p.m.-midnight  **Street stories**

We ride with the Pine Street vans, or divide into groups to tour the McInnis House respite center, the Night Center drop-in facility, and the streets of Boston on foot or in an EMS vehicle, with these guides: Armstrong, O’Connell, Greene, Hooley, and Sullivan.
Tuesday, April 30:  **New directions for health reform**

8:15-9:15 a.m.  
**Debriefing ourselves**  
*Main Dining Room*  
Each group reports in over breakfast on last night, as we slowly wake up.

9:30-11:15 a.m.  
**Making sense of the policies and politics**  
*Charles*  
**Drew Altman** is president and CEO of the Henry J. Kaiser Family Foundation. **Robert Blendon** is head of Harvard’s Opinion Research Program.

11:30 a.m.-1:30 p.m.  
**Transforming health care and financing**  
*Overlook - Lunch*  
Over lunch, we explore global payments, novel delivery models, and other cost and coverage opportunities and challenges with Blue Cross Blue Shield of Massachusetts President **Andrew Dreyfus**, Harvard Global Health Institute Director **Ashish Jha**, and Blue Shield of California Senior Vice President **Peter Long**.

1:45-3:15 p.m.  
**Take a breather**

3:15 p.m.  
**Take me out to the ballgame – Meet in lobby for van to Fenway Park.**

5:00 – 7:00 p.m.  
**Ouch**

We visit the field, the press box, and the Green Monster, then talk about concussions and other sports injuries with Dr. **Peter Asnis**, team doc for the Sox and Bruins; **Gordon Edes**, a longtime baseball reporter and current Sox historian; **Sam Horn**, a former designated hitter for the Sox and current broadcaster; Dr. **Brian McKeon**, long-time team doc for the Celtics; **Sam Kennedy**, president of the Red Sox; Dr. **Michael O’Brien**, head of the sports concussion clinic at Children’s Hospital; and Dr. **Mark Price**, team doc for the Patriots.

7:00 p.m.-last out  

We watch the Sox crush the Kansas City Royals, with guests including **Drew Altman**, MIT Knight-Science Fellowship Curator **Deborah Blum**, **Gordon Edes**, **Peter Long**, **Jim O’Connell**, **Mark Price**, and other guests.
Wednesday, May 1: **Inspiration**

9:15-10:00 a.m. **Debrief**  
*Main Dining Room*

After a late night out, and a late breakfast, we talk among ourselves about what we’ve seen and heard – and about the Sox win last night.

10:15-11:30 a.m. **Digging deep for the big picture**  
*Charles*

Dr. **Don Berwick**, who ran Medicare and Medicaid under President Obama, talks about ways to construct the ideal health care system – or at least one as good as Sweden’s and Germany’s.

11:45 a.m.-2:00 p.m. **Battling opioids**  
*Overlook - Lunch*

**Michael Botticelli** was the drug czar under President Obama and now runs the Grayken Center for Addiction Medicine at Boston Medical Center. **Colie Finn** is a recovering addict and a treatment specialist. Dr. **Nora Volkow** heads the National Institute on Drug Abuse.

4:30-6:15 p.m. **Meditations**  
*Charles/Deerfield*

We get a hands-on look at complementary medicine with **Chris Householder** from Perfect Postures, **Stew Wild**, **Eileen Sullivan**, and **Cindy Gillan** from Myotech Combined Therapies, **Midgie Franz** from Better Life Acupuncture, **Judith Frazier** from Spaulding Rehab, **Mary Tricoli** and **Karen Ingwersen** from the Integrative Therapies Program at the MGH Cancer Center, **Jamee Culbertson** from Beth Israel Deaconess, and Dr. **Darshan Mehta** from the Benson-Henry Mind-Body Institute.

6:30 p.m.-‘til… **Meditating on what heals us**  
*Overlook - Dinner*

Over dinner with our therapists we hear from Dr. **Helene Langevin**, director of NIH’s National Center for Complementary and Integrative Health.
Thursday, May 2:  

**Stories worth telling inside medicine and out**

8:30 a.m.  

**Back to the city**

Meet in lobby for transportation to breakout sites (see breakout info sheets for specific departure times).

9:30-11:30 a.m.  

**Cutting-edge health challenges**

At McLean Hospital we visit the brain bank, where our host is Science Director **Sabina Berretta**, and the ECT program, where our hosts are Director **Steve Seiner** and **Kitty and Michael Dukakis**. **Gina McCarthy**, EPA chief under President Obama, talks about the health hazards of climate change. **Manny Lopes** shows and tells us about racial, ethnic, gender, and other health care disparities, and how his East Boston Neighborhood Health Center is rooting them out.

12:45-2:15 p.m.  

**Making sense of the data**

**Overlook - Lunch**

**Charlie Ornstein** is a senior health care reporter for ProPublica, a Pulitzer Prize winner, and an expert on data-driven journalism.

2:15-6:30 p.m.  

**Breath deeply**

An afternoon off – you earned it. Take a long walk. Check in on the kids, or parents. Shop. Unwind at Walden Pond.

6:30 p.m.- ‘til…  

**New ways to tell new stories**

**Thames - Dinner**

Over dinner, we consider longer forms of storytelling with **Jill Kneerim** and **Lucy Cleland** of the Kneerim & Williams Literary Agency; **Eileen McNamara**, a former Pulitzer-Prize winning columnist at *The Boston Globe* and author of *Eunice: The Kennedy Who Changed the World*; and **Elizabeth Shogren**, formerly of NPR and now a reporter at *Reveal* and the Center for Investigative Reporting.
Friday, May 3: *It’s academic (and technologic)*

8:30 a.m. *Our last Boston-bound commute*

Meet in lobby for transportation to breakout sites (see breakout info sheets for specific departure times).

9:45-11:30 a.m. *Unraveling genes and EMRs*

Dr. Daniel Haber, director of Mass General’s Cancer Center, takes us on a guided tour of his facility and the latest in oncology research. Dr. John Halamka, chief information officer at Beth Israel Deaconess Medical Center, introduces us to the latest in E-Medicine. Dr. George Church of Harvard Medical School walks us through the science and ethics of interpreting genetic data. And at Pear Therapeutics, CEO Corey McCann and his staff explain how they’re turning software into drugs.

11:30 a.m. *Travel from morning breakout sites to Harvard Medical School for lunch session.*

12:30-2:00 p.m. *High-tech medicine and the medical academy*

We sort out the promises and realities of genetic medicine over lunch with Harvard Medical School Dean George Daley and Dr. Eric Green, head of the National Human Genome Research Institute.

3:00-5:30 p.m. *Take a break.*

5:30 p.m. *Meet in lobby for van to dinner at Papa Razzi.*

5:45-9:30 p.m. *What’s next?*

We head to dinner at Papa Razzi with a surprise guest(s).
Saturday, May 4:  

**Wrapping up**

9:00-11:30 a.m.  
*Our story lists*

We break into three groups, with each journalist presenting her or his list of stories while the rest of us suggest sources, storytelling strategies, and other ways to make those ideas resonate with readers, listeners, and editors. Group leaders are Jen Berryman, Tom Gagen, and Larry Tye.

**Berryman**, who was a health producer during her 19 years at WCVB-TV in Boston, is vice chancellor at UMass Medical Center.

**Gagen**, who spent 20 years writing editorials for *The Boston Globe*, is writing a biography of Boston’s longest-serving mayor, Tom Menino.

Noon-1:00 p.m.  
*Goodbyes*

Lunch with our group, then you can head home or anywhere.